



FIRST SUNDAY OF LENT

Sunday 21ST February 2021

Organ voluntary:

Dieterich Buxtehude: '*Durch Adams Fall ist ganz verderbt*', BuxWV 183 played by Jon Lee

THE GATHERING

PLEASE STAND

President: In the + name of the Father, and of the Son,
and of the Holy Spirit

All: Amen

President: The Lord be with you

All: and also with you

The president may offer an informal introduction to the Liturgy.

Prayers of Penitence

The president prepares the community for self-examination and confession.

PLEASE SIT OR KNEEL.

A period of silent recollection follows.

President: God the Father,

All: have mercy on us

President: God the Son,

All: have mercy on us

President: God the Holy Spirit,

All: have mercy on us.

President: Trinity of love,

All: have mercy on us.

**All: Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

The choir sing the Kyrie eleison.

Lord have mercy

Lord have mercy

Christ have mercy.

The president pronounces the gift of God's forgiveness to his people.

All: Amen.

The Collect

*The Collect is prayed and all respond **Amen.***

PLEASE SIT

THE LITURGY OF THE WORD

First Reading Genesis 9: 8-17

A reading from the book of Genesis.

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth.'

When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

This is the word of the Lord

Thanks be to God

Psalm 25:1-10

UNTO thee, O Lord, will I lift up my soul; my God, I have put my trust in thee : O let me not be confounded, neither let mine enemies triumph over me.

2 For all they that hope in thee shall not be ashamed : but such as transgress without a cause shall be put to confusion.

3 Shew me thy ways, O Lord : and teach me thy paths.

4 Lead me forth in thy truth, and learn me : for thou art the God of my salvation; in thee hath been my hope all the day long.

5 Call to remembrance, O Lord, thy tender mercies : and thy loving-kindnesses, which have been ever of old.

6 O remember not the sins and offences of my youth : but according to thy mercy think thou upon me, O Lord, for thy goodness.

7 Gracious and righteous is the Lord : therefore will he teach sinners in the way.

8 Them that are meek shall he guide in judgement : and such as are gentle, them shall he learn his way.

9 All the paths of the Lord are mercy and truth : unto such as keep his covenant and his testimonies.

10 For thy Name's sake, O Lord : be merciful unto my sin, for it is great.

The Gospel

PLEASE STAND

The Lord be with you.

All: And also with you.

Hear the gospel of our Lord Jesus Christ according to Mark

All: Glory to you, O Lord

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

*This is the Gospel of the Lord
Praise to you, O Christ*

PLEASE SIT

The Homily

PLEASE STAND

The Nicene Creed

**All: We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayer of Intercession

PLEASE KNEEL OR SIT

After each section, the following responses may be used.

Lord, in your mercy *or* *Lord, hear us.*
All **Hear our prayer** *or* **Lord, graciously hear us**

The prayers conclude:

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

PLEASE STAND

THE LITURGY OF THE SACRAMENT

The Peace

An expression of reconciliation with one another.

The peace of the Lord be always with you.

All: **And also with you.**

Let us offer one another a sign of peace.

All exchange a sign of peace with those around them.

Choir hymn

1 Forty days and forty nights
Thou wast fasting in the wild,
Forty days and forty nights
Tempted and yet undefiled.

2 Sunbeams scorching all the day,
Chilly dewdrops nightly shed,
Prowling beasts about thy way,
Stones thy pillow, earth thy bed.

3 Let us thine endurance share,
And awhile from joys abstain,
With thee watching unto prayer,
Strong with thee to suffer pain.

4 And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.

5 So shall we have peace divine,
Holier gladness ours shall be,
Round us too shall angels shine,
Such as ministered to thee.

6 Keep, O keep us, Saviour dear,
Ever constant by thy side,
That with thee we may appear
At the eternal Eastertide.

The Preparation of the Altar

The president says a prayer over the gifts of bread and wine, to which all respond:
Amen

The Eucharistic Prayer

President: The Lord be with you.

All: *And also with you.*

President: Lift up your hearts.

All: *We lift them to the Lord.*

President: Let us give thanks to the Lord our God.

All: *It is right to give thanks and praise.*

The president prays the preface at the end of which all respond:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The president recalls the Last Supper, followed by this acclamation:

Jesus Christ is Lord:
**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

The Eucharistic Prayer concludes:

...in songs of everlasting praise:
**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

The Lord's Prayer

**All: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom, the power,
and the glory, for ever and ever.
Amen**

The Breaking of the Bread

The president breaks the bread, saying:

We break this bread to share in the body of Christ.

**All: Though we are many we are one body,
because we all share in the one bread.**

The Choir sings the Agnus Dei

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
grant us peace.***

The Invitation

The president invites the people to receive Holy Communion, saying:

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

All

**We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, Gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us.
Amen.**

Prayer for Spiritual Communion:

We pray together, along with those worshipping with us online:

Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Come, I pray, spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you.

Amen.

The Giving of Holy Communion

Communion is administered in silence.

Communicant members of other churches

Baptised persons who are communicant members of other churches which subscribe to the doctrine of the Holy Trinity and are in good standing with their own church are warmly invited to receive Holy Communion.

The time before and after receiving Holy Communion should be a time for silent reflection

Prayer after Communion

PLEASE STAND

The president prays the Post Communion prayer, and all respond:

Amen.

We pray:

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory. Amen.**

THE DISMISSAL

The Lord be with you.

And also with you.

The president pronounces God's blessing.

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Organ voluntary:

Purcell: *Double Voluntary in D minor* Z. 719 played by Jon Lee

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