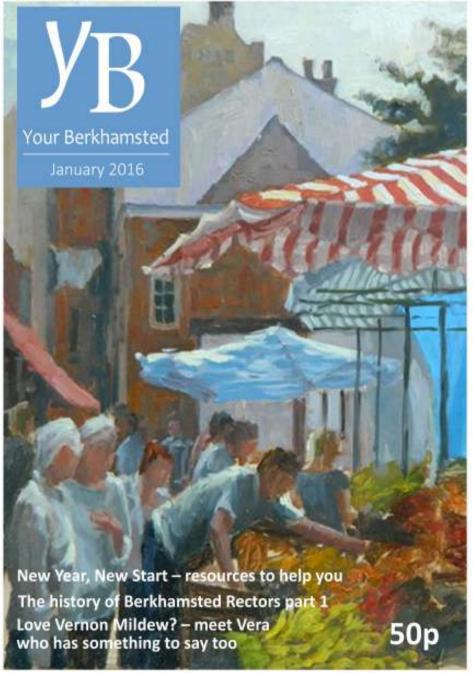
the magazine for town and parish since 1872



Exploring the past, reflecting the present and looking to the future in Berkhamsted

In this issue...

Welcome to the January 2016 edition of Your Berkhamsted

Welcome to our first edition for 2016. All festivities are done and dusted and it is back to 'normality' and maybe trying to stick to our resolutions, which may have been carried forward from last year, but always good to start again with the best intentions. We have featured a New Year, New You which includes resources to help you. Jenny Sherwood is writing about the Berkhamsted Rectors and the first one is Charles de Guiffardiere, who had a reputation of being a ladies man. I would also like to introduce you to Vera, who has just moved to Berkhamsted – she is finding her way around our lovely town and has a great witty view

on her experiences. Please do write in if you have any ideas or a short story or poem.

Jacqueline Hicks, Editor, editor@yourberkhamsted.org.uk

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Front cover: Thank you Andrew Cochrane Dixon for the wonderful painting of Berkhamsted Market. Details of other paintings can be seen on http://www.andrewcochranedixon.com



The Town and Parish Magazine of St Peter's Great Berkhamsted

Berkhamsted in the News

In this month's column, Julian discusses steampods,
Christmas trees and metal detectors!



I'll kick off with an unbeatable offer from forums.moneysavingexpert.com, the best place to go to find savings on objects you never knew you needed, or indeed that existed. So, how can you resist a L'Oreal Professionnel Steampod II. This was the prize offered by the Gorgeous Shop on the High Street. I wonder who the lucky recipient was, and whether they are now considered truly steamed.

Rather less decadently, (presumably, since I know not the pleasures or otherwise of steampods), newsrt.co.uk reported on the Hospice of St Francis for the first time selling Christmas trees and festive door garlands. It will be interesting to see how much custom they attract and whether their charitable pitch wins out over other retailers in the neighbourhood.

And now to the arcane fact spot, or at least blogspot, namely baptistsearch.blogspot.co.uk. The site introduces us to a certain James Austin Butterfield, born in Berkhamsted in 1837. He travelled to the United States in 1866, where he made his name writing and teaching music, including "When you and I were young", and the rather sterner "Victory over sin" (probably in extra time). He was the second president of the Music Teachers National Association

and was one time director of the Centenary Methodist Episcopal Church choir in Chicago. Never let it be said that this column is anything other than education. Wake up at the back! We are rather more familiar with another blog, namely the coldend.blogspot.co.uk, which celebrates non-league football. Chesham have already achieved fame in the FA Cup this season, but this side of the border Berkhamsted are enjoying a good run in the FA Vase. I won't invoke the commentator's curse, other than to say that Saffron Walden were entertaining our local team on 12th December - so you can fill in the result in the blank space [] here. Meanwhile watfordobserver.co.uk reports on a former Berkhamsted Town coach taking up a post at neighbours Tring Athletic. Ian Richardson achieved folklore fame in the pantheon of Watford Football Club by scoring twice against Kasierslauten in the UEFA cup in a famous 3-0 win. Yes, dear reader, I was there in person to witness that victory in 1983.

You will by now be anxious to know what our local firm of innovation, Bunting Magnetics, up been up to recently.

3

(Continued on page 5)

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(Continued from page 3)

Let me put you at your ease by telling you that eurobulksystems.com (oh yes) reports that the firm has won a contract from Pakistan to supply metal detectors to identify and remove metal contaminants from refined sodium bicarbonate.

Apparently the Quicktron Model 05A metal separator will do the trick. And I doubt you will find that on the Gorgeous Shop's prize draw, despite it's clear attraction — as it were.

hemeltoday.co.uk reports on a certain local cinema owner's brush with the law. I won't say anything more, other than to say the Health and Safety Executive invoked Section 3 of the Health and Safety at Work etc. Act 1974, Regulation 5 of the Control of Asbestos Regulations 2006 and Regulation 16 of the Control of Asbestos Regulations 2012. After that little lot you will be yearning for the comfort of your Steampod II.

Drawings of Berkhamsted by Jenni Cator, Art at 88, 88 High Street, Berkhamsted, HP4 2BW Tel. 01442 769110 info@artat88.co.uk.

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What's on

Every 2nd Tuesday @ 12.30 to 13.15: Lunchtime concerts – St Mary's Church, High Street, Hemel Hempstead

Berkhamsted Artisans, Arts & Crafts Market (1st Saturday every month)
10am to 4pm. The Town Hall, 196 High Street, Berkhamsted, Herts, HP4 3AP Through the double doors above Carluccio's on the High St. Lift access at back. If you would like a stall contact Claire - Mob: 07968 627 179; Email: berkhamstedmarket@hotmail.co.uk; website:

www.greatmarkets@vpweb.co.uk

Tring Farmers Market (Alternate Saturdays)

The Marketplace, Brook Street, Tring 9.00am - 12.15pm

Tring Farmers Market promotes local food for local people and offers a full range of produce including: meat, eggs, bacon, cakes, biscuits, preserves, pies, vegetables, cheese, fish, plants, jewellery, crafts and much more. For more info email:

enquiries@tringfarmersmarket.co.uk

For Ashridge and a full list of events please visit www.nationaltrust.org.uk/ashridge or to book your place contact the Visitor Centre on 01442 851227.

Fri, 1st Jan @ 10.30 am – Walk -Traditional New Year's Ramble - A circular walk with a stop for lunch led by Paul Crosland. The walk is undertaken at your own risk. B'sted Citizens Association. www.berkhamstedcitizens.org.uk Free

Mon, 4th Jan to Mon 21st Mar @10.30 am to 12.30 pm – Course - 1950s: A Literary Portrait

Discuss further 1950s literature with Michael King. WEA B'sted. Friends' Meeting House

www.weaberkhamsted.co.uk Pre-book by phone or pay on the door. £77 for 11 weekly sessions. 872432

Tues.5th Jan @ 8pm – Art - Spring/ Autumn Scenes in Watercolour. A demonstration of painting seasonal scenes in watercolour by Jo Louca. B'sted Art Soc. Civic Centre. www.berkhamstedartsociety.com Visitors on the door £3

Tue, 5th Jan to Tue, 22nd Mar @ 10.30 am to 12.30 pm – Course - Female

Abolitionist Writings

How were women involved in the Abolitionist movement? What role did their writing play? Explore this with Heather Pascall. WEA B'sted. Friends' Meeting House

www.weaberkhamsted.co.uk Pre-book by phone or pay on the door. £77 for 11 weekly sessions. 872432

Wed, 6th Jan to Weds, 23rd Mar @ 10.00 am to 12.00 pm – Course - Venetian Painters of the Renaissance Richard Dunster-Sigtermans. Tring community Centre HP23 5EP.

www.stpetersberkhamsted.org.uk Free entry, retiring collection for the St Peter's Church Organ Fund 7

What's on, continued

Mon, 11th Jan to Tue, 12th Jan @ 8 pm — Film - The Imitation Game Benedict Cumberbatch excels in a drama based on the life of Alan Turing, the legendary logician, mathematician and Bletchley Park code-breaker. Dir: Morten Tyldum/2014/UK,US/Cert 12A/114min. B'sted Film Soc. Civic Centre.

www.berkhamstedfilmsociety.co.uk Annual sub: joint £65, single £35 (conc £60 and £32). Visitors £5 at door (no conc). 863155. DC

Wed, 13th Jan @ 8 pm – Talk - Medieval Wall Paintings & he Medieval World View Julie Wakefield, formerly Assistant Curator of the Royal Pharmaceutical Society Museum. B'sted Lcl Hist & Mus Soc. Town Hall. www.berkhamsted-history.org.uk Annual Sub £7, double £12. Visitors £2.50 at door. DC

Sat, 16 Jan @ 7.30 pm - Music -

Orchestral Concert
Programme includes: Beethoven Piano
Concerto 4; Vaughan Williams Symphony
5. Conductor Thomas Loten, soloist Viv
McLean. Dacorum Symphony Orchestra.
Centenary Theatre. www.dacorumso.org
Online tickets £12; concessions £10. 18
years and under free. Aitchisons, 63
Marlowes, Hemel Hempstead 213446.
Ticket Secretary 01494 727240. DC

Mon, 25th Jan @ 7.45 pm – Talk - The Mildenhall Roman Silver Treasure Dr Richard Hobbs, FSA, Curator, Romano-British Collections, Dept of Prehistory, Europe and Britain, The British Museum. Music Rm, B'sted School.

www.berkhamstedarchaeology.co.uk

Annual sub £15, family £17.50, junior £5. Members £1, visitors £3. 254801. DC

Mon, 26th Jan @ 7.45 pm – Talk - The Frome Hoard of 52,501 Roman Coins Dr Sam Moorhead, FSA. Department of Portable Antiquities & Treasure, The British Museum.

B'sted and Dist Arch Soc. Music Rm, B'sted School.

www.stpetersberkhamsted.org.uk Retiring collection

Mon, 25th to Tue 26th Jan @ 8 pm - In the House

Comic satire from the director of Potiche. A 16-year-old writes stories about a friend's family which spark a series of uncontrollable events. Dir: Francois Ozon/2012/France/Cert 15/105min/Subtitles

B'sted Film Soc. Civic Centre.

www.berkhamstedfilmsociety.co.uk

Annual sub: joint £65, single £35 (conc £60 and £32). Visitors £5 at door (no conc). 863155. DC

Out of Town

The Court Theatre - www.courttheatre.co.uk

Aylesbury Waterside Theatre: for information - http://www.atgtickets.com Watford Colosseum: for information - https://watfordcolosseum.co.uk

Book Review

Bloodmoney: A Novel of Espionage. By David Ignatius. *Quercus; 372 pages*On the face of it, David Ignatius' spy novel set around the murky espionage world of the CIA and Pakistan appears to be a Homeland derivative. However, as you turn the pages, and I did so extremely quickly, it is clear that the author has his particular style, direction and nuance that makes this challengingly different to the American series. Unlike some books in the genres, the violence is menacingly hinted at, without being described in graphic detail. And it is all the more effective for that.

Ignatius is a journalist who has written about South West Asia for many years, and this knowledge is brought to bear in his description of the Pakistani spy service, the ISI, and its relationship with America and its own CIA. Battles take place within battles, lies within lies, who is helping who? Who is obstructing who? And the language between the protagonists is veiled in a dance of semantics, etiquette and hidden meaning. The main thrust of the tale is a secret service within the CIA, completely independent, that plans to undermine the terrorist warlords with ill-gained cash obtained by a compliant London trader with whom they tip off with advanced information that can buck the markets. This all goes to plan, until agents begin to be bumped off one by one, and it is clear that they are being compromised. This is very much a novel of revenge and it is the thread through this absorbing novel from beginning to end. You may even read it at one sitting.

Julian Dawson

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April.
Appointments from 10am - 1.45pm

Reflexology £20 - 1 & 29 February, 21 March and 18 April. Appointments from 10am - 1.45pm

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Recipe

Tidy Friday pan fry by Nigel Slater

Ingredients

- 1-2 tbsp olive oil
- 6 bacon rashers
- 4 sausages, cooked
- 1 large onion, or a couple of large spring onions
- 4 small potatoes, or 2 large ones
- 1 handful of any bright greens, such as cabbage
- 1 large handful fresh parsley, choppedMethod



- 1.Heat some olive oil in a non-stick pan. Roughly chop the bacon, sausages and onion and add to the oil. Add the potatoes unpeeled, if you like, so that the skins go crisp. Keep on a low heat. Don't stir too much so that the juices have a chance to caramelise a little.
- 2.Roughly chop the greens and gently boil them in a separate pan just a couple of minutes usually. Drain the greens and add to the pan fry. Top with chopped parsley. Gently stir all the ingredients together and increase the heat until the meat is a little crisp. Serve straightaway.

Berkhamsted Local History & Museum Society

Some Rectors of Great Berkhamsptead St. Peter's Charles de Guiffardiere 1798-1810

Charles de Guiffardiere, Rector of St Peter's from 1798-1810, has always intrigued me. As a younger man he had quite a reputation as a somewhat dashing young 'ladies' man' and James Boswell who had met him in Utrecht when he was touring in Holland, 1763-1764. remonstrated with him more than once over his behaviour as not befitting 'a son of the church', in an exchange of letters with de Guiffardiere. At the time when Boswell met Charles he remarked on his excellent English, which he could speak and write extremely well, although at that time he had never been to England. Charles' first language was French and he was according to Boswell born in Hainault.

What brought him to England and later led to him being appointed Rector of St Peter's? He appears to have come to London in the late 1760s when he became French reader to Queen Charlotte and instructor in history to the roval Princesses. In 1769 he was ordained in London as deacon and priest. In addition to his duties at the Court he was also Minister of the King's French Chapel in St. James'. In 1798 he wrote a book 'Cours Elementaire d'Histoire Ancienne,' dedicated to Queen Charlotte, which was intended for the use of the princesses. On the title page the author is described as Minister of the King's French Chapel and Prebendary of Salisbury.

One wonders what impression Guiffardiere made on the English court. Macaulay wrote him off as 'half-witted' but we gain a fuller picture from Fanny Burney and her diary. She was appointed Dresser to the Queen in 1786. It would appear that she, a young girl somewhat inexperienced in the ways of the world, did not quite know how to cope with him. He was no doubt pointing fun at her, but to her he was her 'Mr Turbulent'. She said of him 'he is here and there a little eccentric, but in the main, merely goodhumoured and high-spirited.'

Like most clergymen at the time Charles de Guiffardiere had two livings. He was not only Rector of St Peter's but also Rector of St Mary's Newington, or Newington Butts, South London as it is sometimes known. His wife, Jane Andrewana, predeceased him, dying in 1806 aged 69. They are both buried in St. Mary's rather than in St Peter's.

Rectors of St Peter's at that time were appointed by the Duke of Cornwall, the Prince of Wales. Was Guiffardiere granted St Peter's as a semi-retirement country parish in return for his services to Queen Charlotte and the royal princesses? There is also an interesting French connection. which may be entirely coincidental or partly engineered. At the Grammar School the Headmaster was Dr John Dupre, who originated from Jersey and was also undoubtedly French speaking. Living also in a large house close to where the Town Hall now stands was another French speaker, Pierre Augustin de Noiial de la Loijrie, who appears to have originated from French East India. His wife was referred to locally as the Baroness and she remained in 11 Berkhamsted after Pierre or Peter,

(Continued on page 12)

as he was known, was dispossessed of his property as an Alien because of war with France.

We need to remember also that between 1809 and 1814 Louis XVIII and his French court were living in exile at Hartwell House near Aylesbury. I cannot believe that during that time our Rector did not visit Louis or make contact with others of the court, or perhaps always greeted Louis when he changed horses at the Kings Arms in Berkhamsted.

In checking St Peter's registers we see that quite frequently baptisms, marriages and funerals were conducted by Charles' curate, after all he had St. Mary's Newington to care for also. Nevertheless there is an interesting event when all three local French speakers united to voice their disapproval at what they considered to be irregularities concerning the election of a new sexton. There were two candidates, John Rogers proposed by the Rev. Busfield, Curate, and Joseph Rolph, the candidate of the Churchwarden, William Norris. Joseph Rolph received the greater number of votes. Pierre de Noiial, the Curate and Dr. John Dupre had voted for the other candidate and produced a statement 'It appearing from the above Ballot to the Rev. Mr Busfield and others....that a number of parishioners have voted for Joseph Rolph from spirit of Opposition to the Rector and Curate of this parishthe Rev. Mr Busfield and other respectable Parishioners hereby protest against the election and declare their intention of Appeal to the Bishop to set it aside.' This was signed by Busfield, J. Dupre, Peter de Noiial de la Loijrie and Charles de Guiffardiere, Rector of St Peter's. What the final outcome of this was I do not

know. We can imagine the three Frenchmen talking indignantly among themselves in French before Charles de Guiffardiere made his way up the steep dark track to his Rectory where William Cowper had been born the century before.

Guiffardiere was no doubt a wealthy man and a study of his will makes interesting reading. It was very long with two codicils, the second shortly before his death written in French. Unfortunately there is not space here to study it in detail. He did not forget the poor of his two parishes and left them equal shares, nor his agents and servants in Berkhamsted and London. Numerous relations were left money and gold and silver artefacts. What is particularly remarkable is that certain bequests were made to members of the Royal Family.' I wish my gold oval snuffbox with Duke of Cambridge and princess Mary's head on the top to be presented to her Royal Highness Princess Charlotte of Wales 'as a token of my respectful remembrance.' My best Gold Snuff Box, which I received from His Royal Highness was to be given back to His Royal Highness the Duke of Cambridge. The Princesses Augusta and Princess Elizabeth were to receive a diamond ring and a diamond brooch respectively.

Charles de Guiffardiere died on 1st
January 1810 in London. In March 1810
the Rev. John Crofts M.A. was appointed
Rector of St. Peter's in his place. There
could not have been two more different
individuals. It was Crofts who was to
demolish the Cowper Rectory, a misdeed
for which some never forgave him.

Jenny Sherwood, Berkhamsted Museum and History Society

Poem

The short story holds an important place in English literature. From Edgar Allan Poe to Kate Mosse, writers down the ages have turned their attention to this form. It's now "Your Berkhamsted's" turn! We are asking our readers to let us publish their work. Don't let inexperience put you off trying. Your subject can be humour, adventure, love, fun, mystery or just an intriguing situation. Around 700 words, and anonymous if you wish. Let's write lots of stories and enjoy the reads. Over to you all!"

Nature's Delight

To breathe the morning air is bliss
It thrills you like that first sweet kiss
It's great to be alive and well
There are lots to see and lots to tell

The gardens burst with colour divine I'm glad contentment is almost mine
To wander free as birds in song
One thing I miss – for one I long

Oh nature bright and wondrous be
It's beauty there for all to see
If hearts could bloom like blossoms do
The magic there would see us through

The River of life

The river flows, its secrets kept
The grassy banks where lonely wept
Its silent movement deep, no sound
Its depths where peace, heartbreak has
found

It's sad and mystical, bright and gay
As it winds its constant fearless way
Sometimes murky, dull and frightful
But sometimes bright and really delightful

What wonders it passes from source to estuary

One can only imagine the pain and the ecstasy

The fast flowing waters pass all of it by

The pain and the joys are for you and I

By Sheila Suter



New Start, New You Resources to help you

Now it is the New Year! Do you want to change a habit? Lose weight. Exercise more. De-clutter. It will normally take about 21 days to change/start a new habit.

Here are some hints and tips and local resources to assist you.

Lose weight

- Eat plenty of vegetables to help you feel full.
- Drink plenty of water.
- Stay busy sometimes boredom can create the urge to eat
- Sit down and eat, don't eat on the go
- Don't skip meals
- Join a slimming club

Slimming World Sacred Heart Church, Park Street, Berkhamsted, Hertfordshire, HP4 1HX

Mondays - 7:30pm Linda - 07921 512596

Weight Watchers Civic Centre

161/163 High Street, Berkhamsted, HP4 3HB Tuesday ¹⁴9.45am Angie Ross - 03456777788

Berkhamsted Town Hall

196 High Street, Berkhamsted, HP4 3AP Monday - 6.45pm Nicola Skidmore - 07709212112

Exercise more

- You do not have to spend hours in a gym – 30 mins; 3 times a week is a good start. This can improve your mental and emotional health.
- Don't beat yourself up if you miss a day just start the next day.
- Keep your expectations real don't expect too much too soon.
- Too busy just bursts of 10/15 mins can help
- Too tired energy begets energy and with regular exercise you will start to feel energised
- Do something you enjoy –
 walking, swimming or a team sport
 Join a club or sports centre

Sportspace Berkhamsted

sportspace-berkhamsted

Lagley Meadow, Douglass Gardens Berkhamsted Hertfordshire HP4 3QQ 01442 507100 www.sportspace.co.uk/

New Start, New You Resources to help you

The Fitness Society

172-176 High Street, Berkhamsted, Hertfordshire, HP4 3AP 01442 878000

info@thefitnesssociety.co.uk



Chapel Gym

The Chapel, Chapel Street, Berkhamsted. HP4 2EA 01442 866685 info@thechapelgym.co.uk

The Health Hub

Northbridge Road Berkhamsted, HP4 1EH 07977 486919 <u>info@thehealthhub.net</u>

De-clutter

- Visualise your tidy room
- Make lists per room:-
 - Items needed
 - To be repaired
 - To be replaced
- Designate a place for incoming papers, as they often account for a lot of our clutter. Use and inbox and then action, file or throw. Try and keep this up on a weekly basis. More often if possible.
- Start one room at a time and one area at a time. Do the bin/recycle, keep and action rule have a box/bag for each. Action could be repair, not sure, recycle? Create a "maybe" box there are things you may not use, but think you might want it or need it someday and you cannot bear to get rid of it yet anyway! Revisit this box often.
- Do one drawer or cupboard at a time. Really think about if you will use this item again? Pull everything out of a drawer or cupboard this will help you put back only what you need/want.

The only advantage of not being too good a housekeeper is that your guests are so pleased to feel how very much better they are. <u>Eleanor Roosevelt</u>

New Start, New You Resources to help you

• Schedule time for this – have a decluttering weekend. If you need more time – slot time in the diary. Each day pick 5 things and find places for them. Also if you buy anything new – get rid of a similar item, either take to charity shop or recycle.

We have many charity shops in Berkhamsted and the recycling centre at Northbridge Road.

Another option is to Ebay – if you do not want to do this yourself there are agencies such as the one below that will help you.

http://www.auctionfairies.co.uk

Zen Hair Design Review

While we are on the subject of a new you, I thought it would be good to review one of our hairdressers in the High Street.

Zen Hair Design is owned by Jackie Evans and was established in 1995. The salon combines a friendly environment with excellent service and the very latest trend-setting

styles and products. The surroundings are modern and clean. While having my hair washed I am given an eye mask and during the wash I get a sumptuous head massage — I did not want it to stop — I almost find myself drifting.

Once back at the stylist chair I am given a lovely back and shoulder massage – using a massage roller. Again I am in heaven. All the attention to detail makes that difference

The nicest thing about Zen apart from a great new hair style is the attention you receive by the stylist. I am given time to discuss what style I am looking for and also given professional advice and so far I have never been disappointed. My visit to Zen is always a treat!

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Your Berkhamsted Clergy

Given that this is the first time I am writing here in 'Your Berkhamsted', I feel like I should introduce myself. I'm Lex, the new parish assistant at St Peter's. Originally from Milton Keynes and with a background in youth work and teaching, I moved to Berkhamsted in September and have been enjoying settling in and getting into the swing of parish life since then.

When reflecting on my first 15 weeks in post, I'm staggered by how quickly the time has gone. It's true to say, well in this case at least, that time really does fly when you're having fun. And fun is the main feeling to be taken from this first three and a half months, while I've been incredibly busy and there has been lots of new challenges along the way, I have also been having a lot of fun.

Something that has been one of the most enjoyable in my time here so far, has been being involved in our new Third Sunday Service. It has been wonderful to watch and be a part of this fledging congregation, beginning to build community with them and finding creative ways of worshipping God that works for some of the younger families of our parish. Over the next few months it would be amazing to see this service to continue to grow and go from strength to strength. If you have younger children and are interested in sampling St Peter's creative, all age worship then come and join us on the third Sunday of every month at around 11:00 in The Lady Chapel. We'd love to see you!

Aside from getting involved with this new service, and various other tasks I've taken on, something else I've enjoyed greatly is being part of the Berkhamsted community and getting to know so many new faces. Being born and raised in Milton Keynes, a sense of community isn't something we do brilliantly. But living on the High Street, opposite St Peter's means that I am forever bumping into friendly faces while rushing between schools. Something my parents commented on when visiting me last week was how many people I waved at or spoke to, they noticed that community that I have already begun to be a part of. And that's iust in 15 weeks. What I look forward to over the coming months is getting to know even more of you, becoming even more part of the community and loving Berkhamsted even more than I do already!

Yours in Christ Lex Bradley Parish assistant



Regular Church Activities

3rd Mon Pastoral Network, 7:45pm, The Court House. Contact Philippa Seldon 871534.

Tues Chuckles Parent & Toddler Group, 10–11:30am. All Saints' Church Hall. Song Time or short service as announced. Contact Jenny Wells, 870981.

Tues St Peter's Choir, Children 5:15–6:15pm. St Peter's. Adrian Davis 01296 632263 or Jean Wild 866859.

3rd Tues Mothers' Union, meet in members' houses at 2.30pm. New members always welcome. Contact Kathie Lally, 863526.

4th Tues Mothers' Union Prayer Group, 2:30pm. 17 Shaftesbury Court. Tell us if anyone needs your prayers. Contact Jenny Wells 870981.

Wed Julian Meeting, meets about twice a month, 11:30am. All welcome. At Jenny Wells, 57 Meadow Rd, 870981 or at Ruth Treves Brown, 3 Sherwood Mews Park Street, Berkhamsted HP4 1HX

Thu Bellringing, 8pm, St Peters. Contact David Burbidge 862139.

Fri Little Fishes Parent & Toddler Group 9:30–11:30am. The Court House. Weekly, with short service on 1st Friday in St Peter's (10am), Tracy Robinson 863559.

Fri St Peter's Choir, Children 7–8:30pm, Adults 7:30-8:30pm. St Peter's. Adrian Davis 01296 632263 or Jean Wild 866859.

3rd Sat Berkhamsted Churches Prayer Breakfast, 8am, The Way Inn. Rachael Hawkins 866324.

1st Sun Sundays Together Lunch 12.30pm, Court House. For anyone on their own on a Sunday. Liz Jackson 864382.

Regular Church Services

St Peter's

Regular Sunday services

8:00am Eucharist

9:30am Sung Eucharist and Sunday School

6:00pm Evensong

Regular weekday services

Morning Prayer – Monday, Wednesday, Thursday, Friday 9:00am (St Peter's), Tuesday 9am (All Saints' Shrublands Road)

Eucharist – Tuesday 9:30am (All Saints'); Wednesday 8:30am, (St Peter's) Evening Prayer Monday – Friday 5.00pm – Saturday 6:00pm (St Peter's)

This Month's Diary

Services:

St Peter's:

3rd January, The Epiphany: Fr Tom's last Sunday with us.

8:00am: Said Eucharist

9:30am: Sung Eucharist (with incense) followed by drinks and presentation to Fr Tom

6:00pm Evening Prayer (said)

Registers:

St Peter's:

Baptisms

29th November James Christopher Robertson

Evie Betty Picton

Weddings

14th November Scott Lewis Burrell and Marie Claire Hasell

28th November Anthony John Mitchell and Hilary Ann Binyon

Funerals

17th November Margaret Evelyn Whatmore 25th November Geoffrey William Albert Dell

All Saints

3rd (Second Sunday of Christmas) Epiphany

10am Holy Communion - Revd Barrie Allcott

10th First Sunday of Epiphany

Baptism of Christ

10am Covenant Service (with Holy Communion) - Revd Rachael Hawkins

17th Second Sunday of Epiphany

10am - Morning Worship - Revd Linda Woollacott & Malcolm Lindo

4pm - Messy Church - Revd Rachael Hawkins & Messy Church Group

24th - Third Sunday of Epiphany - (Sunday in Week of Prayer for Christian Unity)

10am - Holy Communion - Revd John Kirkby

4pm - Healing Service - Revd Rachael Hawkins, Jenny Wells, Tracy Robinson, and Audrey Cox

31st (Fourth Sunday of Epiphany) - Candlemas

8am - Holy Communion - Revd Rachael Hawkins

10am - Christingle Service (All Age) - Revd Rachael Hawkins & Tracy Robinson

Key Church contacts:

Parish Office, Hilary Armstrong & Kate Perera, Court House, 878227.

Fr. Tim Pilkington, 01442 879739, (day off Friday), Team Rector, St Peter's.

Fr. Tom Plant, 01442 382633 (day off Monday), Curate, St Peter's.

The Revd. Rachael Hawkins, All Saints' 01442 866324.

Further information available from our church websites:

www.stpetersberkhamsted.org.uk and www.allsaintsberkhamsted.org.uk.

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News from the Hospice of St Francis

The Hospice's Spring Centre
Our health & wellbeing centre, The
Spring Centre continues to reach more
people like Julia who, following a
diagnosis of cancer of the bowel in
January 2014, helped her to get back to
work and back to her 'normal, positive
self'.



"I had no idea the Hospice could help someone like me and that its help could make such a valuable difference to my recovery. I really needed to talk to someone. I was lying awake at night, feeling anxious, afraid that the cancer might come back, and afraid of having to cope long-term with something so debilitating," explains Julia.

"So in April 2014, my GP referred me to the Spring Centre at The Hospice of St Francis as an outpatient. As soon as I met one of their community specialist nurses, Julie Brown, for an assessment to see which of the Hospice's services might be suitable for me, I really liked her. I'd see her for an hour every week for six months, and through talking in a positive way about how I'd cope if the cancer did come back, I was able to start accepting it and begin to appreciate that I loved and valued virtually everything about my life

before cancer struck.

"In addition, the Hospice's 'Take control' course



last October came just at the right time. The course is all about getting back to normality and not focusing on the cancer, and it was hugely helpful for getting me back to work."

If you, or someone you know have cancer or other life-limiting illness and feel you might benefit from the Spring Centre's free services, please ask for a referral from your GP, call 01442 869550 or visit: www.stfrancis.org.uk/springcentre

Art Bags

We've distributed over 300 art bags and are thrilled to receive so many weaving projects back already, which are now being displayed at the Hospice. If you would like to participate in the community project please get in touch with The Spring Centre team.



Challenge yourself in 2016!

The Hospice fundraising team has lots of opportunities for people who want to do something amazing in the New Year and help the Hospice raise the £4.8million it needs annually to fund its free care. You could...

Join our new Hospice Beginners' Running Club – meeting 9:30 – 10:30am from Tues 12 Jan at the Hospice. £3 a week.

Then...run a marathon for us – we have places for half and full marathons across UK including the 35th St Albans Half marathon where we are also the main beneficiary charity of the event. Get your running shoes on and take part on Sunday 12th June!

Join our Trek to Peru – leaving in September 2016 following the Inca Trail and visiting Machu Picchu with the opportunity to work on a community project. This year's trekkers, who went to Nepal, said it was an amazing, 'life-changing experience.'

Take to the skies and skydive for us - on Saturday 16 March at Hinton Airfield in Northamptonshire. Do it with friends, in a group or with work colleagues!

For further details on all Hospice events, visit: www.stfrancis.org.uk or call 01442 869555 or follow us on Facebook/TheHospiceofStFrancis



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Christmas tree recycling

This year we are celebrating 20 years of recycling your Christmas trees. If you are choosing a real Christmas tree this year, be sure to give it a new lease of life in the New Year by planting it in your garden (if it's rooted) or by recycling it at one of our tree chipping sites.

Sunday 10 January 2016:

- Water Lane car park (behind Tesco Store), Berkhamsted, HP4 3AP. 9.30am to 4pm
- Dacorum Borough Council, Cupid Green Depot, Redbourn Road, Hemel Hempstead, HP2 7BA. 9.30am to 4pm
- Tring Garden Centre, Bulbourne Road,
 Tring, HP23 5HF. 10.30am to 4.30pm*

*Tring Garden Centre is only a drop-off point for your trees. They will be chipped on Monday 11 January. If you would like your chippings back, please return with a bag on Monday between 9.30am -12.30pm to collect them.

Can't make this date?

If you are unable to bring your Christmas tree on this date, you can take it to the Household Waste Recycling Centre in Eastman Way, Hemel Hempstead, or in Northbridge Road, Berkhamsted. Trees left at any other recycling sites will be treated as fly-tipping.

Christmas tree recycling has grown in popularity over the last 20 years and benefits from the support of local scout groups.

If you live in Tring or Berkhamsted, 1st Tring Scouts and 1st Berkhamsted Scout groups will again be collecting trees from your home and taking them to the recycling sites for a minimum donation.

For a collection from Berkhamsted (not including Northchurch or surrounding villages).

visit www.1stberkhamsted.org.uk.
For a tree collection from Tring or Aldbury, please email tringscoutsxmas-trees@hotmail.com

For a tree collection from Potten End, email <u>scoutsxmastreerecycle@gmail.com</u> by Friday 8 January with your name and address.



Other Christmas recycling

Christmas cards, wrapping paper, plastic and metal biscuit and sweet tins/ containers can be recycled in the blue-lidded bin.

You can recycle Christmas cards and greeting cards all year round at the Household Waste Recycling Centres at:

- Eastman Way, Hemel Hempstead, HP2 7DU 23
- Northbridge Road, Berkhamsted, HP4 1TL

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Your Charities



This is
Yara Greyjoy, a 2
year old
Rottweiler.
She has a
lovely
temperament and
is quite
obedient.

Yara is a playful girl and would suit an active family with children no younger than teenagers or people who enjoy a good walk!

She could probably live with a male dog. She cannot be rehomed in Luton.

If you feel you could offer Yara or any of our other dogs a loving and secure home, please call in at the kennels any day between 10 a.m. and 4 p.m. Our staff will be happy to offer advice and information. Please note that we have restrictions on rehoming dogs to families with children under 7 years of age. Full details of the rehoming process can be found on our website

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M-Pesa is Swahili for Mobile Money and mobile phone technology is revolutionizing life for people in developing countries. For people who do not have an accessible local bank being able to make and receive payments by phone is a huge bonus. They can check local prices for produce too so that they do not get cheated by unscrupulous middle men. The phones used are often ones recycled and refurbished in the UK. Oxfam's Bring Bring scheme aims to provide a supply of recycled mobiles so if you had a new phone for Christmas why not drop the old one in at either of the Oxfam shops in Berkhamsted. Stamps are always welcome too.

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Love Vernon? Meet Vera!

Dear Vernon,

Well, the spinning class was not quite what I expected; it appeared to be something to do with bicycle maintenance. There was certainly a lot of testing going on. The notice said it was a 'butt-kicking workout', but I didn't see any water butts to kick, and I was not sure that would be good for my bunions anyway.

It all looked a bit too active for me and I'm not sure all that clingy plastic clothing is terribly flattering for my old body. Not that this stops some people! I am impressed at the sponsorship deals some of my friends seem to have secured for their Sunday morning bicycle tours; perhaps they really do get free broadband? I am more team 'Freeview' than 'Sky', with my wicker basket on the front, sensible & practical, if a little less stylish.

I think I should knit a cardigan with 'Saga' on the back to wear when I go shopping so I can get a discount on my next cruise.

Now I am back from my trip to Patagonia, I have actually read the Book Group book. The cover said it was 'deeply and poignantly insightful', but I seem to have got a defective copy. The printing machine must have broken as some of the words are oddly spaced, at funny angles and different shapes & sizes. When I got through all this muddle, I thought that it wasn't at all deep, poignant or insightful - such a shame. At the meeting,

all my friends said how clever it was, so I just nodded and smiled in what I hoped were all the right places. Perhaps I am not as deep and insightful as they are. I have been told a lot about the Rex cinema, and a friend of a friend managed to actually get me a ticket so off I went. It was very difficult to find. I went into a bar at the front and a rather portly man in denim trousers that were much too small tried to buy me a strangely coloured drink with things in it. I was very flattered, but had only been able to secure one ticket, so I was forced to decline.

When I finally found the entrance it was absolutely wonderful. Clean and beautiful, with friendly staff and customers who were actually interested in the film! Even the funny man on the stage at the start who mumbled about how rubbish all the films are, was absolutely delightful.

I keep meaning to go into the new M&S to see if there is more than the large off-licence you can see through the window. It can't be very profitable; you would have thought they had noticed the large Waitrose round the corner. If they needed to reduce the size of the shop, perhaps we could have a bigger post office? It would be nice not to spend a whole day waiting for public transport get to and from that horrid factory in 'Hemel' with my passport, birth certificate & everything; just to pick up a letter.

Love Vera

Tring Reservoir & Canal Walks

Walks likely to be suitable for people with impaired mobility and users of wheelchairs, mobility scooters and pushchairs

Path Information

Startop's End and Marsworth reservoirs and the Grand Union Canal provide a haven for wildlife and a popular place to walk, cycle, fish, birdwatch, have a picnic or watch the narrow boats go through the flight of locks. There is car parking, a café and pubs nearby

There is a 1 mile linear path from the car park which goes past the reservoirs and along the canal towpath to a pub at Bulbourne. There are no stiles or gates. The map shows information about surfacing, slopes & narrow points to help you decide how far you can go.

From Bulbourne the canal path continues for 3 miles, after about ½ mile you will find an up and then down slope of 70m with a gradient of 1:10. For those wanting to explore there are many natural "challenging" paths around the reservoirs.



Visitor Information

- Open 24 hours.
- Car parking is pay and display, blue badge holders park free.
- Café is accessible and has a disabled toilet for customers. Open daily
- Pubs nearby are accessible but some toilets not adapted.
- Nearest public/disabled toilets are at the tearoom at Startops car park or at the pub in Bulbourne.
- Dogs are welcome but must be kept under control.
- The Reservoirs and Canal are man aged by British
- Waterways. Call 01908 303500 for more information.
- www.waterscape.com or www.britishwaterways.org.uk
- www.chilternsaonb.org/accesswalks
- Call 01844 355504
- The car park is next to the B489 close to the village of Marsworth, a few miles north of Tring.
- Buses from Aylesbury, Tring, Hemel, Luton and Dunstable stop close to the car park. Call 0870 6082608 for details

Taken from:

http://www.chilternsociety.org.uk

Tring Reservoir & Canal Walks cont..



Your Sport

Matthew Dawson

A sporting preview of 2016

With the new year now upon us, there is plenty of sport to look forward to in 2016. Two of the main events this year will of course be the Olympics, and also the European football Championships in France. However those are just a couple of the many events to get excited about throughout the year.

This year's Olympics follows on from London 2012, and it's incredible to think that it has now been almost four years since the best athletes from around the World graced the capital. However it is now Brazil's turn as the eyes of the World will be on those taking part in events in Rio de Janeiro.

The 2016 Olympics will take from the 5th August - 21st August and will consist of 306 events in 28 sports. The majority of those events will of course be in track and field where the likes of Usain Bolt, Mo Farah and Jess Ennis-Hill will be hoping to continue their success from London 2012 and also from the 2015 World Championships. Great Britain and Northern Ireland finished with a brilliant 65 medals in 2012, of which 29 of them were gold. Therefore it'll be interesting to see how much of that success is repeated in Brazil.

Before that though England will be hoping to put in a respectable performance at the European Football Championships. The month long tournament will take place from 10th June to 10th July in ten venues across France. 24 of Europe's top teams will compete across six groups before the knock-out phases.

England's chances will be played down but they should get through their group after being drawn against other home nation Wales and also Russia and Slovakia, Northern Ireland are in Group C with World Champions Germany whilst the Republic of Ireland feature in a group of death with Belgium, Italy and Sweden. The 2016 Wimbledon Championships will take place from 27th June - 10th July this vear with Novak Diokovic once again looking to continue his dominance in tennis. The nations hopes of course will fall upon Andy Murray who will be looking to use GB's Davis Cup win to inspire him to greater things in 2016. In terms of cricket there is the ICC World T20 tournament to look forward to in India. England have looked a much better side since their poor 50 over World Cup campaign in 2015 and therefore will be hoping to go all the way when the competition takes place in March and April.

Cup will also take place this year as Europe and the USA lock horns again. Matches will be played between 30th September and 2nd October in Minnesota with Europe searching for their fourth successive Ryder Cup victory. Closer to home Berkhamsted FC will be hoping for success in the FA Vase in 2016 as they play Hullbridge Sports of the Essex Senior League on the 9th January in the last 32. Meanwhile this year's Berkhamsted Half Marathon and Fun Run will take place on Sunday 6th March.

For all you golf fans out there the Ryder

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LISA SELMA BURNS

Clues may run forwards, backwards, diagonally, up or down. Some may overlap or even be backwards!

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