

*the magazine for town and parish since 1872*

# YB

Your Berkhamsted

July 2013

Days out with the kids

A walk around Berkhamsted

Summer sport

50p

# In this issue...

## Welcome to the July edition of *Your Berkhamsted*

Summer is well and truly upon us with Summer fêtes popping up all over the place, so plenty of excuses to eat ice cream or indulge in a cream tea. On the subject of ice cream, the competition we ran last month with Scoops ice cream parlour has been extended so get your entries in now whilst there's still time! (details on page 16).

This month's magazine is full of interesting articles including news of what's happening about town, ideas for days out with the kids, an historical walk around town and a round-up of summer sport.



Helen Dowley, Editor

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## *The Town and Parish Magazine of St Peter's Great Berkhamsted*

Responsibility for opinions expressed in articles and letters published in this magazine and for the accuracy of any statements in them rests solely with the individual contributor.

# Berkhamsted in the News

Julian Dawson



This month's internet tomfoolery explores unbuilt railway lines and fiscal imbalances.

I once more call upon Wikipedia. Berkhamsted railway station has its very own entry, which includes an interesting print of the station in 1838, and a photograph from 1961 to compare and contrast. Apparently the town was one of the centres of construction for the London and Birmingham Railway, which brought overcrowding to the locality *and the rowdy behaviour of the labourers was said to have offended the genteel townsfolk*. Sounds like a normal Friday night to me. The article also refers to a plan to build an unrealised branch line to Chesham in plans put forward in the 1880s. The Great Central Railway also considered a proposal to extend the branch from Chalfont Road to Chesham to Berkhamsted and Tring which didn't come to fruition either. In 1887 there was a further proposal to build a narrow-gauge steam tramway along the road from Hemel Hempstead to Bourne End, and then along the Bourne Gutter Valley to Chesham, with plans for an extension via Berkhamsted. It would be interesting

to speculate how the local towns would have changed in character if any of these developments had seen the light of day. From rail to water. British Waterways has been succeeded by the Canal and River Trust, an organisation which necessarily has an influence on our canal-side town. In their National Waterway Awards reported on their website, Castle Wharf was named as runner-up in the Design and Construction category, pipped at the post by Wallbridge – Ebley Canal Restoration, Stroud.

This column always seeks to bring you the latest musical trends. So I introduce you to Charlie Roth, who hails from Minnesota. His album Broken Ground, according to [Tringtoday.co.uk](http://Tringtoday.co.uk), has reached the top of the Euro Americana charts. Is there such a thing? He was to play in the Kings Arms acoustic Greene Note session in early June.

I am delighted to report that we achieved local gold medal success at the RHS Chelsea Flower Show. [Hemeltoday.co.uk](http://Hemeltoday.co.uk)

*(continued on page 5)*

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(Continued from page 3)

reports that 'A Touch of Garden France' of Berkhamsted, owned by Janet Honour and Patricia Thirion, won the honour in the Artisan Garden section. Their garden for WaterAid was *set in an area of India that experiences flooding - it reflects the transformation to people's lives brought about by access to clean water, improved hygiene and sanitation.*

I'm not in the habit of referring readers to the *Daily Mail*, but an intriguing online feature explains how the top rate of tax can influence the amount of tax paid by different districts. The towns of Esher, Walton on Thames and Weybridge in Elmbridge, homes to such luminaries as Ringo, Jenson Button and Chris Tarrant, have been found to make the biggest contribution to average income tax in the UK. Elmbridge, with a population of 130,000 paid £1.18 billion of tax in 2012, compared to the 600,000 residents of Glasgow paying £898 million. Dacorum comes in seventh on the list of highest paying local authorities with an average tax bill of £7,490, with St Albans perhaps a surprising second. The UK average tax bill is £4,398. Such contributions will not have escaped the notice of HM Treasury I'm sure.



Berkhamsted High Street drawings kindly supplied by Jenni, Art at 88, 88 High Street, Berkhamsted, HP4 2BW Tel. 01442 769110  
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# Local noticeboard

## **Herts Cycle Challenge**

Sunday 21<sup>st</sup> July

Following the success of the Chilterns Cycle Challenge, Rennie Grove Hospice Care, are launching a brand new bike ride with the help of Heart Breakfast DJ Daniel Fox, who'll be taking on the 10 mile challenge. There is also a 50 mile route around the scenic Hertfordshire countryside. Register now at [www.hertscyclechallenge.org](http://www.hertscyclechallenge.org).

## **OXFAM and Students**

July brings a respite for young people taking exams but thoughts will soon be turning to the start of the new academic year and Oxfam is well equipped to help. The useful diary covering the academic cycle is now on sale.

The Oxfam bookshop can provide plenty of relaxing reading but is also an invaluable source of books for students in a wide variety of subjects. And of course young people with time on their hands are always welcome as volunteers in both Oxfam shops.

## **A celebration of the work of James Wyatt and Humphry Repton at Ashridge 27th-28th July 2013**

A programme of lectures and tours of the Grade I house and Grade II landscape focusing on James Wyatt, the finest architect of his time, and Humphry Repton who presented his Red Book for Ashridge with plans for the gardens to the 7<sup>th</sup> Earl of Bridgewater exactly 200 years ago just as Wyatt's gothic masterpiece was nearing completion. To book places please contact Sally Rouse: 01442 841028, [sally.rouse@ashridge.org.uk](mailto:sally.rouse@ashridge.org.uk).

## **Ashridge events**

Thursday 11<sup>th</sup> July, Gentle stroll around Ashridge Estate. £2.50 per person on the day. For full details please phone 01442 823727.

Friday 12<sup>th</sup> July, 9pm–midnight, Creatures of the Night, Adult £10, Child £6.

Sunday 14<sup>th</sup> July, 10am–12pm, Butterfly Walk, Adult £8, Child £5.

Saturday 27<sup>th</sup> July, 10am–1pm, Discover Ashridge Walk, £3 all.

Seasonal children's trails also available throughout the year £1.

Ashridge Estate Visitor Centre, Moneybury Hill, Ringshall, Berkhamsted HP4 1LT.

Tel: 01442 851227, email: [ashridge@nationaltrust.org.uk](mailto:ashridge@nationaltrust.org.uk)

## **Frithsden Vineyard Food and Drink Festival**

Saturday 20th July, 12 noon – 5pm. Free admission, restricted parking, better on foot. Contact Natalie Tooley 01442 878723 [info@frithsdenvineyard.co.uk](mailto:info@frithsdenvineyard.co.uk)

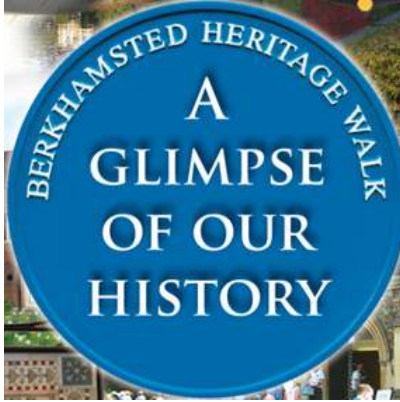
## **'Pepper 25 – Best of British' – 25<sup>th</sup> Anniversary Charity Rock Event**

Centenary Theatre, Berkhamsted School, Kings Road, Berkhamsted HP4 3BG  
12, 13, 14, 17, 18, 19, 20 July 2013  
Ticket Prices £15–£25, Ticket Hotline: 01442 877292 or book online [www.peppershow.com](http://www.peppershow.com).

## **Dacorum Steam and Country Fayre**

Saturday 27th & Sunday 28<sup>th</sup> July  
Lots for all the family to enjoy. Green Croft Farm, Potten End, 10am–5pm. All proceeds to the Hospice of St Francis. Visit [www.stfrancis.org.uk/dsacf](http://www.stfrancis.org.uk/dsacf).

# *Take a walk and explore Berkhamsted's heritage*



Most of us living in Berkhamsted are aware of how much history surrounds us. We even recently acquired a 'brown tourist sign' at our exit of the A41 declaring us an 'Historic Market Town'. Walking around it's difficult not to notice the architectural history running through the streets and on closer inspection you may have even seen small blue plaques adorning some of the buildings.

These numbered plaques form part of the Berkhamsted Heritage Walk which was compiled by the late John Cook, previous mayor of Berkhamsted and significant contributor to the church and town. He described Berkhamsted as "a lively town set in a valley of the Chiltern Hills, with a history going back to beyond Saxon times. Its claims to fame include strong royal, literary and teaching connections."

The walk, produced in leaflet format, takes the reader on a guided tour of the town which begins and ends at the railway station. It covers over 32 sites of interest, some of which will be well-known to most and some a little less so.

I've chosen to focus on some of the lesser known places on the tour: The Monks House, The Boote, and Grab-All Row.

## **The Monks House, The High Street**

This building, better known now as Café Rouge, is an historic building dating from the 16<sup>th</sup> Century. Up until 50 years ago Lane's Nurseries ran along the High Street on both sides of the building. Founded in 1777 by Henry Lane and continued by his son John, it was a big employer in the town and subsequent nurseries in the Potten End area. By 1902 they were growing around 20,000 apples, pears, plums and cherries including their own variety of apple, the 'Prince Albert'. In 1841 Queen Victoria and Prince Albert travelled through the town and called at the King's Arms for a change of horses. A neighbour of Mr Lane, Thomas Squire, who experimented with seeds and cuttings, transplanted a small apple tree to his front garden at his home to commemorate the visit and named his seedling 'Victoria and Albert'. The tree regularly bore heavy crops, but remained small and neat, impressing John Lane who obtained grafts and introduced it as Lane's Prince Albert when it was exhibited at the British Pomological Society in 1857. It was awarded a First Class Certificate by the RHS in 1872, and had become a popular garden apple by the 1880s. It was also planted for market, and was named as a top apple in an 1899 magazine for fruit growers. The original tree still stood in the town until 1958 when Thomas Squire's home at 250 High Street was demolished. Along with it went its very own Victoria and Albert apple tree.



## The Boote, Castle Street

You can find The Boote at the bottom of Castle street bearing the date 1605. It is a Grade II listed building and is a typical oak framed building of its time. It was one of at least six pubs which existed in Castle Street at one time but in 1920 ceased being a public house and is now a private residence. In the past it was also an



antiques business for a period of time. Historically Castle Street was the second most important thoroughfare in Berkhamsted and before the railway came it linked the High Street directly with the Castle.

## Grab-All Row

As you walk past the attractive row of shops on the High Street just after passing St Peter's Church, look up and you'll notice a blue plaque above the barber shop opposite the bottom of Chesham Road. "Grab-All Row" was built in what was the old market square, the ancient trading centre of Berkhamsted. Until 1854 the Market House also stood in the road near to this spot, when it was sadly burnt down. Winding its way around the plaque is an ancient vine which dates back from the early 19<sup>th</sup> century. At this time Berkhamsted had a thriving trade in the cultivation of vines

and the growing of vines here was even mentioned in the Domesday Book which



tells us that there was a vineyard in Berkhamsted in 1086. Old maps from the 19<sup>th</sup> and early 20<sup>th</sup> Century show much of the land in and around the town was used by nurseries, including Lane's Nurseries mentioned above, and in the greenhouses vines were propagated and exported to France and Germany.

If you would like to learn more about the history of our town the walk makes an interesting activity for a morning or afternoon or you could even make a day of it by stopping off for refreshments at one of the pubs mentioned along the way.

The leaflet entitled "Berkhamsted Heritage Walk – A Glimpse of our History", which details the walk and supplied much of the information for this article, is available free of charge from various outlets around town including the Civic Centre and the Library. It can also be downloaded at [www.berkhamsted.gov.uk/history.htm](http://www.berkhamsted.gov.uk/history.htm)

**by Helen Dowley**

Credits: The Berkhamsted Town Council, Rosewood Publishing, Hertfordshire Orchard Initiative and The Berkhamsted Review.



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# **My Berkhamsted**

Carole Fryer is a well-known face around Berkhamsted. She runs the plant and flower stall on the High Street with her father Francis Stanley. Every year they kindly donate the Christmas tree to St Peter's Church. Here are her thoughts on the town she has lived in all of her life.

**I moved to Berkhamsted because ...**  
I was born here!

**I think the most beautiful sight in Berkhamsted is...**  
It's all beautiful. Probably the canal.

**The local place where I like to relax and reflect is...**  
The canal. It's lovely to sit down and see all the boats.

**I'm proud to live in Berkhamsted because...**  
It's the only place I know. I love it.

**If I could change one thing about Berkhamsted it would be...**  
I wouldn't change a thing - I'd leave it as it is. I don't like change.

**Berkhamsted is crying out for...**  
A pound shop. It would be nice to have one. Other than that I don't think there's anything.

**When I tell people about Berkhamsted I always tell them**

It's a lovely place to come and live. It has some beautiful places to see – the castle, the canal, the totem pole and it's only 10 minutes from London.

Carole also appeared recently within one of this year's front cover images. See if you can spot her!

If you would like to suggest somebody in Berkhamsted who you think would make an interesting subject for the 'My Berkhamsted' column, please email [editor@yourberkhamsted.org.uk](mailto:editor@yourberkhamsted.org.uk). You may even like to suggest yourself!

## ***Your Berkhamsted needs you!!***

We urgently require a volunteer to distribute a small number of magazines in the Chiltern Park area of town.

If you think you can help, please email:  
[editor@yourberkhamsted.org.uk](mailto:editor@yourberkhamsted.org.uk).

We would be very grateful to anyone who could spare a little time each month to help out.

# Days Out with the Kids

Ian Skillicorn

The first of a two part guide to family days out this summer, whatever the weather.

Now the long school holidays are stretching ahead of us, you may be thinking about ideas for days out with the kids or grandchildren. Given the unreliable weather of the last few summers, it's also nice to have a plan for keeping out of the rain. Over the next two issues I have some suggestions for days out that are fun, educational and dry!

## Natural History Museum at Tring

### *Things to do*

This lovely Victorian building houses the animal collection of Lionel Walter Rothschild. Arranged over a number of themed galleries, you will find specimens of just about every creature you can think of (and plenty you may never have heard of). You can get a gallery trail from the museum shop for 50p.

The museum also has two Discovery Rooms. On the ground floor, there are colour-and-cut craft activities, and children can borrow free pencils and paper to draw some of the animals they have seen on display. There are more activities on the first floor, including natural history-related jigsaws and children's books.

The Rothschild Room is a recreation of a Victorian office, in the style in which the

original curators and Lord Rothschild may have worked. Among the artefacts in this room is a giant tortoise from the Galapagos Islands.

### *Opening times and admission*

The museum is open Monday to Saturday from 10am to 5pm, and Sunday 2pm to 5pm. Entrance to the museum is free.

### *How to get there*

There is a free car park for visitors. Going by train is less convenient than driving, as you'll need to take a bus or taxi from Tring station to the museum. (I've often thought it would be more accurate to rename it Aldbury Station!) For bus times between Berkhamsted and Tring call Traveline on 0870 608 2608.

### *More information*

[www.nhm.ac.uk/tring/index.html](http://www.nhm.ac.uk/tring/index.html)



Zebra-horse



Thylacine, Rothschild Zoological Museum, Tring by Sarah Hartwell (reproduced under Creative Commons Licence)

## Verulamium Museum, St Albans

### *Things to do*

There's lots to see at this museum of everyday life in Roman Britain. Exhibits include recreated Roman rooms, and Roman mosaics and wall plasters, described as 'some of the best outside the Mediterranean'. Every second weekend of the month, 'Roman soldiers' demonstrate the tactics and equipment of the Roman Imperial Army. Demonstrations start at 2.30pm on Saturdays and 3.00pm on Sundays.

During school holidays the museum holds a holiday club for 8 to 13 year olds. Call 01727 819340 for more details. Just across the road from the museum is the Roman Theatre of Verulamium. Built around AD 130, this is one of the UK's few true Roman theatres, and is definitely worth a visit. The theatre is not run by Verulamium Museum.

### *Opening times and admission*

Verulamium Museum is open Monday to Saturday from 10am to 5.30pm, and Sunday from 2pm to 5.30pm. Adults £3.80, Children, Senior Citizens and Concessions £2.00. Family Ticket (2 adults + 2 children) £10.20. Under 5s Free.

The Roman Theatre of Verulamium is open from 10am to 4pm during the summer months. Adults £2.50, Students and OAPs £2.00, Children £1.50. Under 5s Free.

### *How to get there*

The Museum and Theatre can be found at the edge of Verulamium Park, near the Inn on the Park and splash park. There is parking near to the Museum.

### *More information*

[www.stalbansmuseums.org.uk/Your-Visit/Verulamium-Museum](http://www.stalbansmuseums.org.uk/Your-Visit/Verulamium-Museum)  
[www.romantheatre.co.uk/](http://www.romantheatre.co.uk/)



Roman theatre of Verulamium by Przemysław Sakrajda (reproduced under Creative Commons Licence)



# Why the UK should have a 2030 target for Decarbonisation

**Danny Bonnet** reports on why he believes the target is needed

The Energy Bill is draft legislation, currently passing through Parliament, which is re-organising how our highly complex electricity market works. The Conservative MP, Tim Yeo, has been bold in going against his party leadership, and has tabled an amendment to the Bill that is the inclusion of a decarbonisation target. This target would be in the form of a mandated maximum carbon content for each kWh (“unit”) of electricity sold. You can read more about this at reference [1] below.

Why is the 2030 target needed?

It is needed to ensure the steady flow of investment money into the renewables industry, and into our renewable energy power plants. Specifically it will do 2 things:

1. It will allow the UK supply chain to grow, and the UK to take a lead in producing the tools for a low-carbon future and exporting them to the rest of the globe — this is a really good thing. The supply chain includes those who plan and manage the installation of renewable assets, those who make the component parts, those who provide the plant for the construction, the list is long.

2. It will also make sure we meet our decarbonisation targets for 2050. This is all about weaning our economy off fossil fuels. It is vital that we do this, and that we deliver carbon reductions steadily, allowing an orderly transition (i.e. without economic pain). A further benefit for the planet is that emissions reductions now are better than emissions reductions made in 2049.

spent time inside large utilities. I’ve seen projects reduced in scale and put-on-ice as a consequence of past uncertainty in the regulation of the electricity market. This is not good for employment, and it is not good for our future economic prosperity.

It affects you too...

It’s not just about renewables. This transition effects us all! The incorporation of a 2030 target for decarbonisation sends a very strong signal to the rest of the economy about where to invest in the coming decades. Hot areas are likely to be electric cars, hydrogen busses, low-energy houses, recycling technologies, electricity cables, smart meters, and so on, and the supply chains that support all these areas (recruitment, education, advertising, finance, legal, etc). Those businesses will be able to invest and recruit in confidence that the transition will, at last, be happening.

Let's make these changes to the Energy Bill now that will make it great legislation for UK jobs, and also good for the planet. You can email your MP and ask them to support this. I have.

References:

[1] Guardian Article: “Tory MP tables decarbonisation amendment to coalition's energy bill”.

<http://www.guardian.co.uk/environment/2013/feb/08/tory-mp-amendment-energy-bill>

I work in the renewables industry, and have

# ***Bike 'n Hike 2013***

## ***Saturday 14th September 2013—10am to 6pm***



## **Sponsored Bike 'n Hike**

**BEDS AND HERTS HISTORIC CHURCHES TRUST**

### **What is the Sponsored *Bike 'n Hike*?**

The *Bike 'n Hike* is an annual fundraising event organised by **Beds and Herts Historic Churches Trust**. The aim is to raise money both for the Trust and for the participating churches. Half of every cyclist's and walker's sponsor money goes to the Trust and half goes to the church of their choice. Consequently, the more cyclists or walkers who take part, then the greater the direct benefit to that church.

There is also an indirect benefit because the more funds raised for the Trust the more it will be able to offer as grants in support of church repair projects across Bedfordshire and Hertfordshire. For



information on how to apply for a grant, please visit the Trust's website:  
[www.BedsHertsHCT.org.uk](http://www.BedsHertsHCT.org.uk).

The *Bike 'n Hike* is always held on the second Saturday in September. It started in 1992 and is now bringing over 600 churches into the event each year throughout Bedfordshire and Hertfordshire and raising over £100,000 from some 1,000 cyclists and walkers and their generous sponsors.

In 2012 the *Bike 'n Hike* raised £97,816.

To find out more information visit the website [www.BedsHertsHCT.org.uk](http://www.BedsHertsHCT.org.uk) or contact Chris Clegg on 01442 875818.



# Petertide Fair 2013

We enjoyed another great Petertide Fair on Saturday 15 June - despite the April-like showery weather. There was fantastic entertainment from Victoria and Thomas Coram Schools plus bands Stop and Search, BURP and Jon Lee on the organ. We are so grateful to everyone who came and spent their money on sideshows, stalls or refreshments and are delighted that we have raised a significant sum which will be shared between our two Petertide charities for 2013, Home-Start Dacorum and Maji Mazuri in Kenya.



## Ice Cream Competition!

Last month we ran a competition with Berkhamsted's Scoops ice cream parlour inviting all children up to the age of 16 to come up with the most tasty ice cream flavour. As the summer weather has only just come to fruition we have decided to extend the competition deadline to **30<sup>th</sup> July**.



Scoops will be judging the competition and will pick the flavour that they think will make the best new ice cream for the summer. The winning flavour will then be made and be available to buy in Scoops. The winner will also win a £5 voucher and two runners up will receive a single scoop ice cream voucher.

Please send all entries either by email to [editor@yourberkhamsted.org.uk](mailto:editor@yourberkhamsted.org.uk) or in an envelope to the Parish Office labelled 'Ice Cream Competition'. Don't forget to include your name, age, address and phone number.

# Your Berkhamsted Clergy

Fr Tom Plant



July has stolen upon me like a thief in the night, marking the end of my first year in Berkhamsted, would you believe it. For much of the Church, this is a pretty quiet time of year. The abstinence of Lent and the joys of Easter have passed and even Pentecost, the Feast of the Holy Spirit, has been and gone. There's not much now until the run of Advent and Christmas. And so, for the next few months, we are in what the Church calls 'Ordinary Time,' marked by changing all the fittings and vestments into the colour green.

But for our parish, the last couple of weeks have been anything but ordinary, because last weekend marked the feast of our patron saint, Peter. So, I hope you've noticed, we have been

celebrating, especially with the annual Petertide Fair. Thank you if you helped in any way, gave money or just came along to enjoy the day. The two charities we were fundraising for, Dacorum Homestart and Maji Mazuri, will definitely be grateful.

Petertide has also had a special significance for me this year, because it is the time of year when ordinations are carried out. This time last year, I was ordained a deacon, and last weekend, after five years of preparation, I have finally been ordained a priest. As the curate of your parish, if you live in Great Berkhamsted, I am very much *your* priest, so do just stop me in the street or get in touch if there's anything I can do for you: as well as the obvious weddings, funerals, baptisms, prayers, blessings, Bar Mitzvahs (OK, I can't really do those), I'm very happy just to lend a listening ear or have a chat.

By the way, we're launching a great new programme of youth work for 9-11 and 12-16 year olds at St Peter's, including a five day camp at the end of this month in Walsingham, Norfolk. If you want to find out more, follow the links on our website or find 'Crosswalk Berkhamsted' on Facebook.

With every blessing on you and yours for July.

## ***Regular Church Activities***

- 3rd Mon Pastoral Network, 7:45pm, The Court House. Contact Philippa Seldon 871534.
- Tues Chuckles Parent & Toddler Group, 10–11:30am. All Saints' Church Hall. Song Time or short service as announced. Contact Jenny Wells, 870981.
- Tues St Peter's Choir, Children 5:15–6:15pm. St Peter's. Adrian Davis 01296 632263 or Jean Wild 866859.
- 1st Tues Tuesday Club, 7:30pm A lively women's group with guest speaker. The Court House. Contact Jean Bray 864532.
- 3rd Tues Mothers' Union, meet in members' houses at 2.30pm. New members always welcome. Contact Kathie Lally, 863526.
- 4th Tues Mothers' Union Prayer Group, 2:30pm. 17 Shaftesbury Court. Tell us if anyone needs your prayers. Contact Jenny Wells 870981.
- Wed Julian Meeting, meets about twice a month, 11:30am. All welcome. At Jenny Wells, 57 Meadow Rd, 870981 or at Ruth Treves Brown, 1 Montague Rd, 863268.
- Thu Bellringing, 8pm, St Peters. Contact Helen Ruberry, 890949.
- Fri Little Fishes Parent & Toddler Group 9:30–11:30am. The Court House. Weekly, with short service on 1st Friday in St Peter's (10am), Tracy Robinson 863559.
- Fri St Peter's Choir, Children 7–8:30pm, Adults 7:30-8:30pm. St Peter's. Adrian Davis 01296 632263 or Jean Wild 866859.
- 3rd Sat ABC Prayer Breakfast, 8am for breakfast & prayers. Various local churches.
- 1st Sun Sundays Together Lunch 12.30pm, Court House. For anyone on their own on a Sunday. Liz Jackson 864382.

## ***Regular Church Services***

### **St Peter's**

#### **Regular Sunday services**

8:00am Eucharist

9:30am Sung Eucharist with crèche, Sunday School and Pathfinders

6:00pm Evensong

#### **Regular weekday services**

Morning Prayer: Monday – Thursday 7:30am; Friday 8:00am, Saturday 9:30am

Eucharist: Monday 6:00pm; Tuesday 9:30am at All Saints' Shrublands Road; Wednesday 8:00am; Thursday Holy Communion 12:30pm; Friday 7:30am; Saturday 10:00am

Evening Prayer: Monday 5:45pm, Tuesday – Saturday 5:00pm



## ***This Month's Diary***

### **St Peter's**

#### **Events presented by the Cowper Society at St Peter's Church or the Court House, Berkhamsted**

Fri 5 July at 1:00pm: LUNCHTIME RECITAL in St Peter's Church - Peter Nagle 'cello, Jonathan Lee, piano with Debussy, Lutoslawski, Morton Feldman, Webern, Harry Partch. Free Entry. Retiring Collection.

Sat 6 July at 3:00pm: CONCERT in St Peter's Church - Singing Workshops Groups' 'Summer Strawberry Sing'. Songs from around the world directed by Yvonne Brener. Free Entry. Retiring collection in aid of Chiltern Music Therapy.

### **All Saints'**

Sunday 7<sup>th</sup> July at 10am, sixth Sunday after Trinity, Morning Worship, Ruth Treves Brown  
Sunday 14<sup>th</sup> July at 10am, Seventh Sunday after Trinity, Holy Communion, Revd Valerie Rockall and Tracy Robinson, 4pm Messy Church  
Sunday 21<sup>st</sup> July at 10am, Eighth Sunday after Trinity, Morning Worship, Edmund Marshall and Malcolm Lindo

Sunday 28<sup>th</sup> at 10am, Ninth Sunday after Trinity, Holy Communion, Revd Rachael Hawkins 4pm, Healing Service, Revd Rachael Hawkins, Jenny Wells, Tracy Robinson and Audrey Cox

## ***Registers***

### **Baptisms**

#### **St Peter's**

5<sup>th</sup> May: Tom Jonathan KINGSHOTT, Nathan Philip Kyran MORGAN, Spike John PALMER, Rose Susan LEWIN, Jemima Jennifer LEWIN,

26<sup>th</sup> May: Reece Glen Lee MILLER, Mason Patrick REYNOLDS, Poppy Rose THOMPSON, Rachel Rose ROBERTS

### **Funerals**

#### **St Peter's**

1<sup>st</sup> May Elizabeth Wallace Currie

### **Key Church contacts**

Parish Office, Hilary Armstrong and Kate Perera, Court House, 878227.  
Fr. Michael Bowie, 864194 (day off Thurs), Team Rector, St Peter's.  
Fr. Tom Plant, 382633 (day off Fri), Curate, St Peter's  
The Revd. Rachael Hawkins, All Saints'.

### **Further information available from our church websites:**

[www.stpetersberkhamsted.org.uk](http://www.stpetersberkhamsted.org.uk) **and at** [www.allsaintsberkhamsted.org.uk](http://www.allsaintsberkhamsted.org.uk)

# News from the Hospice of St Francis



## Opening of our new Spring Centre...

We are thrilled to announce the opening of our new Spring Centre, which will offer free health and wellbeing services to a wider cross section of the community and allow The Hospice of St Francis to double the number of people it supports over the next few years, from 1,000 to 2,000.

It has two purposes - to offer practical and holistic support for patients recently diagnosed or living with serious illness (as well as their carers), and to act as a community hub with activities for the general public.

Patients will be able to access medical outpatient clinics with doctors and specialist nurses, complementary therapies, fatigue management workshops, physiotherapy and gym sessions and a restorative gardening group. There are also plans to run workshops to manage specific conditions such as breathlessness, breast cancer, prostate cancer, pain and mobility issues. Carers can meet and join a monthly carers group to share experiences, attend relaxation sessions or sign up to training courses to learn how to look after someone with a palliative condition. Bereavement support groups, regular teen drop-in sessions and pony days for children facing loss are also scheduled in the activity calendar. Local people and volunteers are all welcome to gather for film nights on the first Wednesday of every month, the newly-formed Hospice choir on all other Wednesdays from 6-8pm, coffee mornings on the last Friday of every month and craft groups.

Some of the services offered at The

Spring Centre will be supported by MacMillan Cancer Support for the next 18 months. However, The Spring Centre, which will share some clinics and facilities with the new Starlight Centre at the Peace Hospice in Watford, will rely heavily on future fundraising for its continued success. The Hospice of St Francis needs to raise £4.6 million to carry out its work, since opening its final two beds.

Dr Ros Taylor, Hospice Director, said, "The opening of The Spring Centre heralds a new phase of our Hospice's development. It will enable us to reach out to many more people in the community and continue to provide the compassionate, quality care for which we are renowned as well as introduce holistic, personal care on a greater scale than we do at present. "This will benefit the whole community and ensure that we are well placed to cater for the predicted rise in people living longer, with life-limiting illnesses, in the future."



Exterior of the new Spring Centre

To find out more and access The Spring Centre activity programme, please visit our website: [www.stfrancis.org.uk/springcentre](http://www.stfrancis.org.uk/springcentre). Alternatively, please email [springcentre@stfrancis.org.uk](mailto:springcentre@stfrancis.org.uk) or call 01442 869550.

### Summer Crafting Glory...

This summer sees the launch of some new crafting workshops for adults at our popular pre-loved furniture and homeware store in Berkhamsted, Returned to Glory.

Run by the talented Julie Russell, The Cutting Table is hosting a series of different craft workshops focusing on the latest trends - working with fabric and giant hooks to create amazing cushions and rugs.

The first workshop "An Introduction to Crochet" was very successful with participants keen to extend their skills further with an intermediate workshop. Last month, an "Introduction to Knitting" – *A Patchwork Throw* for beginners was held and in July there will be an *Extreme Crochet* workshop, exploring the joys of rug making, using large hooks and strips of fabric.

To learn a new skill with other enthusiasts in a relaxed atmosphere surrounded by beautiful fabrics and pre-loved furniture, come along at 9.45am for a welcoming cup of fresh coffee and delicious homemade cake. Courses cost from £25 with all materials and course notes included.

Returned to Glory sells pre-loved furniture, homeware, lighting, art and fabric with all profits going to the local Hospice of St Francis, which helps those living with life limiting illnesses living in West Hertfordshire.

The store has an ever-changing rotation



Crafting workshop guru Julie Russell

of stock and regularly receives fantastic ex-showroom stock from famous home retailers and manufacturers such as Marks and Spencer, Sanderson and Nina Campbell. It is run by interior designer Francesca Alden and her team who are on hand to offer interior design and furniture renovation advice to all who visit. Returned to Glory is open from 10 – 5pm everyday with late night shopping until 6pm on Thursdays.

For more information on Returned to Glory please visit [www.stfrancis.org.uk/shop-with-us/returned-to-glory-home-page](http://www.stfrancis.org.uk/shop-with-us/returned-to-glory-home-page) or call 01442 874356.

For further information on the crafting workshops, please contact Julie Russell on 07714 517528.

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# Mothers' Union

Mothers' Union is an international organisation with over 4 million members worldwide. When members travel overseas they receive a warm welcome in other countries. Currently a member from St Albans diocese is spending a year in Australia and has had the opportunity to meet MU members there. At a conference in Newcastle, New South Wales, she was privileged to meet members from across this large state, and particularly from the dioceses of Grafton and Armidale. These rural dioceses are linked with St Albans in the MU Wave of Prayer. Members round the world will be praying for these dioceses in early July. The conference was also able to hear about MU here.

Membership continues to be a pressing issue in Australia. Outside the cities it is not easy for members to get together; it is not unusual to travel 3–4 hours to attend a meeting. The dioceses in New South Wales are developing imaginative ways, including a page on Facebook, to encourage people to join.

Project work is an important part of MU activities. The members support MU overseas, with a focus on Melanesia, Polynesia and Papua New Guinea. Parenting programmes in the Solomon Islands have been developed and Christmas boxes containing simple toys and writing materials are sent to Myanmar. Australia's Northern Territories are a huge area with a high proportion of indigenous people who have many needs. Locally families of prisoners are supported and in five large cities left-over food is collected from shops and restaurants in a chilled van,

and taken to charities who distribute it to those in need. All this gives a different perspective to MU work and outreach. Wherever MU members meet there is a fellowship rooted in their commitment to Christian care for families. Words from the MU Prayer, used internationally, say it all; "Empowered by your Spirit, may we be united in prayer and worship, and in love and service reach out as your hands across the world."

## **Girlguiding is a growing organisation.**

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amazing opportunities for thousands of girls around the UK. Guiding happens thanks to more than 100,000 amazing volunteers – men and women who give their time to ensure that we are active all over the UK, and beyond.

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We have lots of opportunities for adults, from helping within a unit in either Rainbows age 5-7, Brownies 7-10, Guides 10-14 or Rangers 14+. Or you could help with accounts, be a unit helper. The possibilities are endless. Whatever your skills and interests, and no matter how much time you have to spare, one of our volunteering roles is bound to suit you. We are currently looking for new volunteers in Berkhamsted.

If you would like to find out more call Susan 07863599290 or visit [www.girlguiding.org.uk](http://www.girlguiding.org.uk).





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# Census Corner

**Julian Dawson** reports on family composition locally and further afield

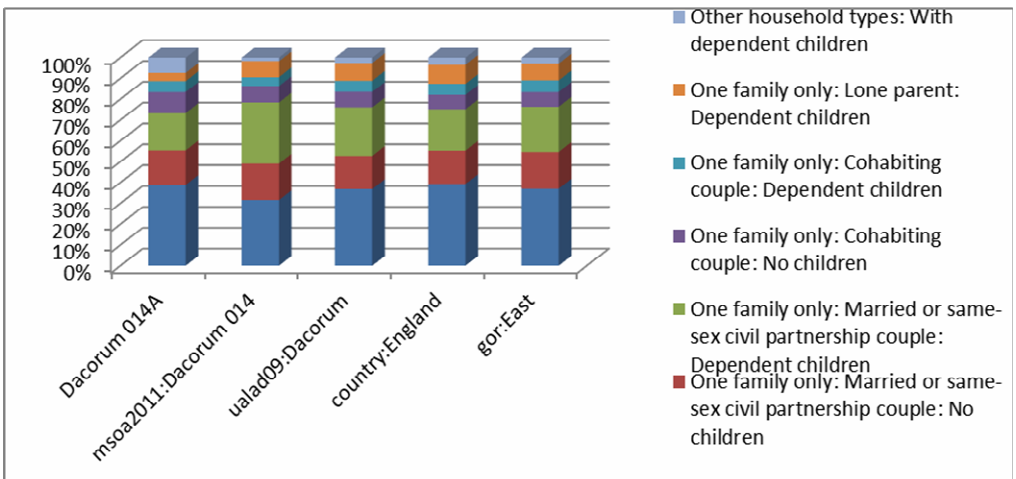
The concept of the family has found resonance in political and religious circles around the world, so it is interesting to see what the 2011 Census results show about family composition locally and nationally. The family composition data shows homes that have one person in a household (an indicator of a trend of housing shortages); those married or in a civil partnership, with children or none; cohabiting couples with children or none; and lone parents with children.

It is sobering to note that the largest category for Dacorum is the one person household, with just over 17,000 homes with this status. And this is reflected more locally in Berkhamsted, and further up the national hierarchy with over 6.5 million people living alone, compared to around 3.25 million married (or equivalent) couples with dependent children. The figures at both national and local level show that co-habiting couples

with dependent children are around a fifth of the number of married couples with children. Interestingly there are more single parents with children than those co-habiting. A shade under 4,000 fall into this category in Dacorum, 19 in my area of Berkhamsted (Dacorum 014A), and 142 in the wider area of south east Berkhamsted (Dacorum 014). The chart reflects the commonality of proportions across the country.

However, it is the number of single person households that is most striking, and indeed for the 45–64 age group this number has risen 31 per cent in the last ten years. It is this factor that has caused the problems with housing shortages, rather than immigration which is what some political parties would have us believe.

Data sourced from Office for National Statistics





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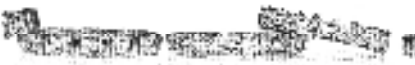
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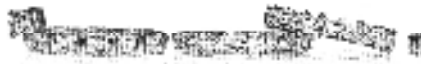
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# *A century in and out of Berkhamsted*

Nancy Lawrenson

## Part 5 No peace in our time

Neville Chamberlain's "Peace in our time" came to nothing and with the Nazi armies moving eastwards we gained new neighbours in Kew. Admiral Bartosik of the Polish Navy and his family moved in next door and across the road was Dr Niemiski, Czech Air Force, with his Scots wife and family.

I continued working with the Lambeth Schools Care Committee arranging health inspections for 5-year olds. Many of the children had poor eye sight (off to Moorfields) and bad teeth (school dentist advised 'stoppings'). As many of the parents were unable to attend inspections at the school I had the task of home visiting – " 'is father don't 'old with stoppings – 'ave it out." Many mothers and children seemed not to have doctors so we had to supply nurses for A & E, nits, rashes and minor infections. More serious problems meant queuing at Poor Law hospitals or the charity hospitals such as Guy's, Bart's and St Thomas's. Malnutrition was rife and treated with cod-liver oil, malt and occasionally orange juice. My wartime Big Carrot book covered 100 things to do with carrots –including marmalade, cake, Christmas pudding! I've even used it here in Berkhamsted.

The bombs, fire bombs and rocket bombs continued and after the destruction and 1,000 deaths at the Kensington Park shelter many people took to the

underground stations at night when the trains stopped. Mothers, children and old folk were in large numbers and the men, if not in the forces were on ARP, fire, and ambulance duties. In Berkhamsted and the villages some of our friends had been evacuees from London and after the war were joined by many in what became Hemel Hempstead New Town.

Mother and I still lived in Kew and I was still travelling to work in Lambeth seeing so much bomb damage on the way – Putney, Clapham and Brixton where the big John Lewis Bon Marché store was burnt out. Being in a reserved occupation I was turned down for WRNS service but sister Rosemary was abroad with ENSA, brother Stephen was Fleet Air Arm in Malta and younger brother Michael was in the sixth form at Berkhamsted School and about to embark on medical training. Sister Rosamund was evacuated to Uncle Arthur's vicarage in Longnor, Shropshire, travelling daily by bus to school in Shrewsbury.

In 1941 I holidayed in Evesham with friend Alison and a colleague Erna Low, an Austrian, both of them working at a BBC German monitoring station in Worcestershire. Erna Low had already established a travel agency and for 1942 Alison and I booked one of her holidays at Bosigran, a disused tin mine with dormitories and communal meals (food taken in by us) in north Cornwall. Quite a long walk to a farm for the milk.  
(To be continued next month)



## 25th Anniversary Party Rock Event

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# Recipe

Joanne Lloyd-Evans

## Haddock with Samphire and Beans

Samphire is something I have only recently started buying and I am really enjoying it. Samphire is a sea vegetable that grows abundantly on coastal shorelines and marshy shallows. The name comes from a corruption of the French "Saint Pierre" (Saint Peter), as it was named for the patron saint of fishermen. It is quite cheap and is available from the Waitrose fish counter, but also from the fish van at the Saturday and Wednesday markets. In this recipe, I've teamed the samphire with haddock, as the market fish van usually has lovely fresh haddock. I have also included some nuts which give a lovely flavour and texture to the dish. Serve with some rice.

### Ingredients

2 haddock fillets  
100g samphire  
150g green beans  
150g sugarsnap peas  
1 tbsp almonds  
1 tbsp hazelnuts  
2 tbsp olive oil  
2 cloves of garlic, crushed or finely chopped  
4 spring onions, chopped  
Juice of 1 lime  
A few splashes of light soy sauce

1. Rinse the samphire and then cook it in a pan of boiling water for 1 minute. Drain and refresh in cold water.  
2. Trim the green beans and cut in half. Top and tail and de-string the sugarsnap peas.

3. Heat a frying pan (without any oil) and toast the almonds and hazelnuts for a few minutes, tossing regularly to stop them from burning. Remove them from the pan, chop them roughly and set aside for later.

4. Heat 1 tbsp of olive oil in a wok, and when hot, add the beans.

5. At the same time, heat the remaining olive oil in a frying pan and when it has warmed up, add the fish fillets, skin side down.

6. After the beans have been in the wok for about 2 minutes, add the sugarsnap peas, garlic and spring onions and toss around for 2-3 more minutes. Add the samphire, juice of ½ a lime and a few splashes of light soy sauce and toss around for 30 seconds. Remove from the heat.

7. Flip the fish over and cook for a couple of minutes until it is just cooked through. Serve the fish and vegetables with some rice, and flavour the fish with the remaining lime juice and a splash of soy sauce.





# YOUNG BERKHAMSTED

To keep you busy in the summer holidays Sophie Armstrong has provided a quick and easy recipe for you to try. So, if it's raining outside and you don't know what to do, or the sun has decided to come out and you need a tasty dessert for that summer barbecue, this is something that anybody can make.

## **Vanilla Brandy Snap Crunch with a swirl of strawberry**

Vanilla Ice Cream  
Brandy Snap biscuits  
Strawberry sauce

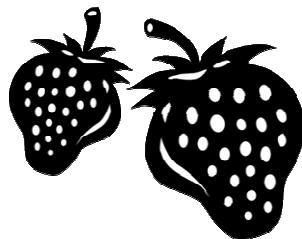
Scoop some ice cream and place in the bottom of a glass  
Crush the brandy snaps biscuits and scatter over the top  
Swirl over some strawberry sauce or coulis.  
Et voila!

You could of course add your own twist on this recipe and include some fresh fruit which would also count towards your five-a-day! Try placing some sliced or pureed fresh strawberries at the bottom of the glass before the ice cream to add an extra layer. You could also use raspberries, blackberries, blueberries, peach, mango or whatever your favourites happen to be. Or be even more creative and experiment with different flavoured ice cream too.

## **Pick your own fruit!**

For something else to do this summer why not ask an adult if you could visit a local Pick Your Own fruit farm and then take your hand-picked produce home and

get creative in the kitchen!  
There are a few 'Pick Your Own' farms in our area:



### **Grove Farm**

Ivinghoe, Bedfordshire LU7 9DZ,  
01296 668175,  
[www.grofefarmpyo.co.uk](http://www.grofefarmpyo.co.uk).

### **Bullscroft Farm**

Chenies Road, Chorleywood, Herts. 07719 252000  
From M25, Junction 18, take A404 dir. Amersham. Straight ahead at traffic lights, farm entrance one mile from M25 opposite St Clement Dane' School  
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### **Hawkswick Lodge Fruit Farm**

Harpenden Road, St Albans Hertfordshire AL3 6JG, 01727 831224,  
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All details are taken from the internet but it is advisable to check before you go to make sure none of the details have changed.



# Summer Sports

With no major football tournament this year, which I'm sure some of you will be delighted to hear, you must be wondering what will there be to watch over the summer?

There's no Olympics and Paralympics this summer either but there's still plenty to watch which will hopefully inspire you to maybe participate in that particular sport.

First off there is Wimbledon which is currently half way through and finishes on the 7<sup>th</sup> July. Our British hopes rely firmly in the hands of Andy Murray who will be looking to go one step further than last year having been beaten in the final. It will only be his second Grand Slam of the year though having missed the French last month through injury. Our interests in the women's draw will fall to Laura Robson and Heather Watson. However, they aren't expected to reach the second week of the tournament and by the time you read this they could well be out of the competition. If Wimbledon inspires you to play tennis, then head down to Berkhamsted Tennis Club. I featured the club in November 2012's issue of YB and I outlined the fact that it has brilliant facilities, which is probably why it warrants the prices you have to pay for coaching and membership there.

The other major event this summer is the Ashes. A famous cricketing rivalry between England and Australia will be the main attraction as England battle to retain the Urn having won it down under when they last faced each other in the winter of 2010/11.

The first test starts on the 10<sup>th</sup> July and the final one begins on the 21<sup>st</sup> August. This I'm sure will inspire many people to take their hand at cricket. The local clubs are down at Berkhamsted which have a great deal of kids under their wings whilst there is also a smaller club in Northchurch where I currently play. There will be a taste of the Olympics and Paralympics this summer though. The 100<sup>th</sup> Tour De France will take place but Sir Bradley Wiggins will not be able to attempt to retain his crown as he is set to miss out through injury. His achievements last summer inspired many of you to get out on your bike and I'm sure that'll be the case this summer despite 'Wiggo' not featuring.

Meanwhile there is plenty of Athletics; the able bodied World Championships takes place in August whilst the Paralympic Worlds take place at the end of this month. Also at the end of the month is the 'London 2012 Anniversary Games'. This will take place at the Olympic Stadium and will give us another chance to see the heroes of 2012 in action in our home country. In terms of Athletics in the local area the Dacorum athletics team are based down at Jarman Park in Hemel where there is a running tack and other facilities such as a long/triple jump pit and high jump and pole vault mats.

As you can see, there is plenty of sporting events to watch and take part in over the summer.

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**NB:** If you wish to submit a piece for the September issue please submit during the last 2 weeks of July if possible due to the summer holiday period

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